



# Clay Cook

## Behind the Lens

Photography Advice, Camera Settings  
and Gear List

# Clay Cook's Recommended Gear



## Cameras:

- Canon 5D Mark IV
- Canon 5D Mark III
- Phase One IQ3 80MP XF Medium Format Camera

## Lighting:

- Profoto Lighting
  - Pro-10, D2, B10, B2, B1
- Profoto Modifiers
- Elinchrom Modifiers

## Software:

- CaptureOne

## Workstations & Power:

- Avenger Grip
- Matthews Grip
- Inovatic Cart System (Voyager 36)
- ViewSonic Monitors
- Anker Portable Power

## Tethering:

- TetherPro USB 2.0 Active Extension Cable
- TetherPro USB 3.0 Active Extension Cable
- TetherPro USB 3.0 Male A to Male B Cable
- TetherPro USB 2.0 Type A to 5-Pin Mini USB Cable
- TetherBoost Pro Core Controller
- TetherGuard Extension Lock
- TetherBlock
- Rock Solid Master Articulating Arm
- Rock Solid Master Clamp
- Rock Solid Accessory Extension Bar
- Pro Tethering Kit

**Check out Clay Cook's full gear list here:**

[www.clay-cook.com/gear](http://www.clay-cook.com/gear)



# Clay Cook's Camera Settings







# Camera Settings:



Phase One IQ3 XF Medium Format



1/400



f/12

**ISO:** 400

**Lens:** 35mm











# Camera Settings:



Canon 5D Mark IV



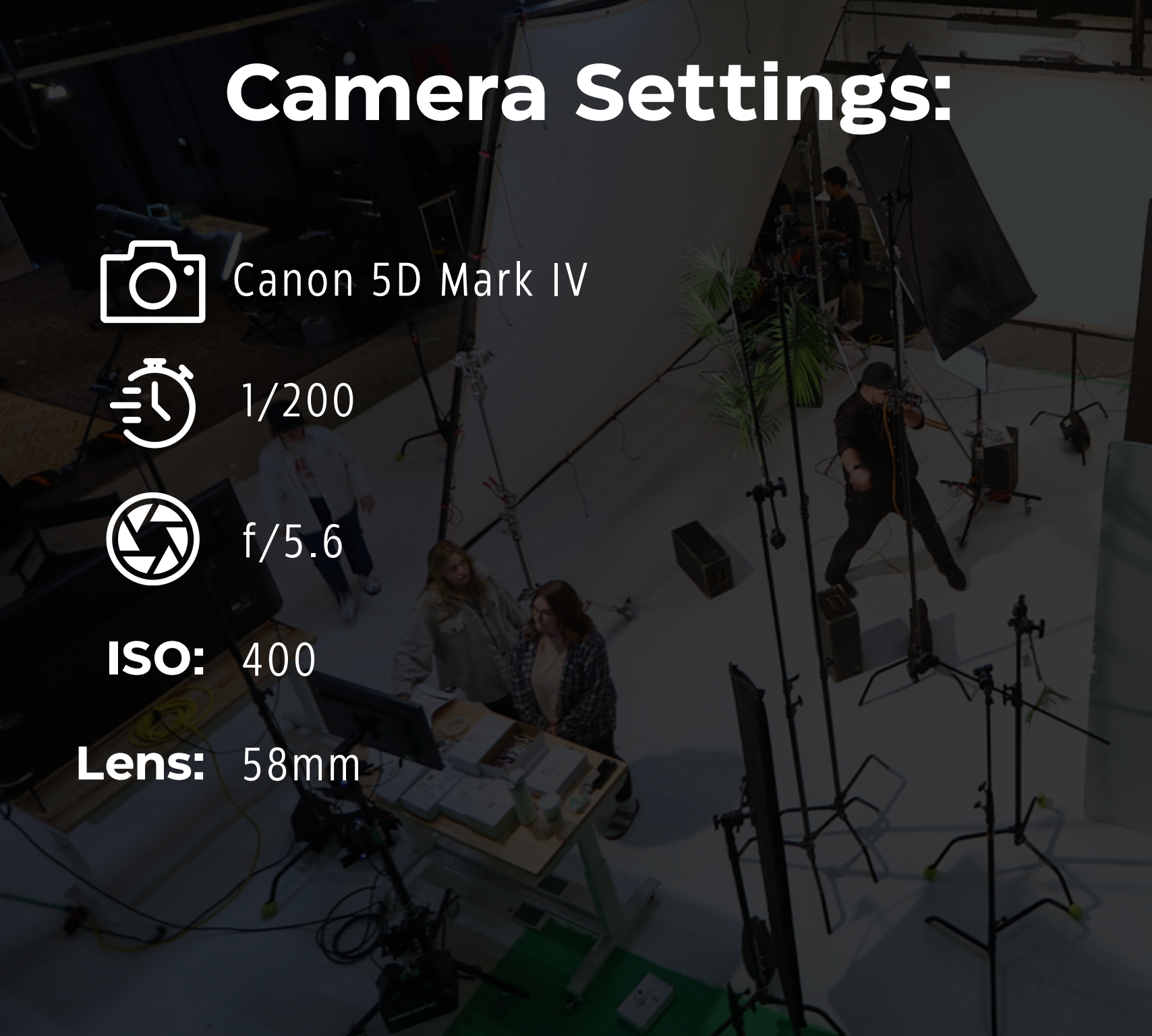
1/200



f/5.6

**ISO:** 400

**Lens:** 58mm













# Camera Settings:



Canon 5D Mark III



1/60



f/4

**ISO:** 800

**Lens:** 24mm

# Clay's Top Tips For Photographers



- Just shoot. The more you shoot, the more you'll fail and the more you fail the more you'll learn
- The reward is in the risk. The only regret will be the risk you didn't take
- Be obsessed with your craft
- Learn light. But, to learn light you must first understand the sun
- The shutter should always come second to the conversation





**TETHER  
TOOLS**